

Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	11.67	MERLENE OTTEY		NOVO MESTO, GER	2010/07/13
HONG KONG RECORD	11.62	LAM ON KI 林安琪	2019 Asian Athletics	Khalifa	2019/04/21
Masters ACR	14.15	Lung Wai Lan 龍惠蘭	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	14.15	Lung Wai Lan 龍惠蘭	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



2023/10/29



Start: 13:35



28°C



58%

Final 2/2

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-4	CHUNG MAN YI	鍾敏儀	50745 SCAA	14.22	+1.9	

DQ=Disqualify 犯規 DNS=Did not Start 沒有開始比賽 DNF=Did not Finish 沒有完成比賽 NM=No Mark 沒有成績 R=Record 新紀錄

主辦單位:



協辦機構:



合作伙伴:



合作媒體:



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Women's W50 - 100M



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HONG KONG RECORD	11.62	LAM ON KI 林安琪	2019 Asian Athletics	Khalifa	2019/04/21
Masters ACR	14.15	Lung Wai Lan 龍惠蘭	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	14.15	Lung Wai Lan 龍惠蘭	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



2023/10/29



Start: 13:35



28°C



58%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-4	CHUNG MAN YI	鍾敏儀	50745 SCAA	14.22	+1.9	

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DESIGN CONSULTANTS
意樂設計顧問



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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 1500M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD 4:35.40		NICOLE WEIJLING-DISSEL		UTRECHT, NED	2017/08/11
HONG KONG RECORD 4:21.60		CHAN MAN YEE MAGGIE 陳敏儀	1999 Summer Universiade	Son Moix	1999/07/08



2023/10/29



Start: 14:50



27°C



69%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-2	WONG YUET CHI	黃月枝	50739 PoliceAC	5:55.68	
2	1-1	LAI SUK MAN	黎淑雯	50732 GHSAC	6:49.85	
3	1-3	CHOI CASSARINE		50736 LSCAC	7:36.11	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 200M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	24.33	MERLENE OTTEY		VALENJE, SLO	2010/07/18
HONG KONG RECORD	23.79	WAN KIN YEE 溫健儀			1999/05/16
Masters ACR	30.24	CHUNG MAN YI 鍾敏儀			2022/11/27
HKMAC RECORD	30.24	CHUNG MAN YI 鍾敏儀			2022/11/27



2023/10/28



Start: 10:50



28°C



70%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-3	CHOI HIU NAM	蔡曉嵐	50737 LSCAC	32.68	+0.6	
2	1-8	KWONG MEI YEE	鄺美儀	50747 SCAA	33.29	+0.6	
3	1-1	CHUNG LAI HUNG	鍾麗紅	50744 SCAA	53.87	+0.6	
	1-2	CHOI CASSARINE		50736 LSCAC	DNS		

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Hong Kong Masters Athletics Club
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Women's W50 - 400M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	57.55	Sally Cooke		Derby, GBR	2022/06/12
HONG KONG RECORD	55.03	WAN KIN YEE 溫健儀			1999/03/02
Masters ACR	1:11.10	Lung Wai Lan 龍惠蘭	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	1:11.10	Lung Wai Lan 龍惠蘭	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



29 2023/10/29



Start: 11:20



27°C



62%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-4	KWONG MEI YEE	鄺美儀	50747 SCAA	1:16.43	
2	1-5	CHOI CASSARINE		50736 LSCAC	1:37.53	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 4X100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	51.50	POWELL, HORDER, MCCLELLAND, GO		L?UBL?ANA,	SL02008/08/03
HONG KONG RECORD	45.17	HONG KONG TEAM			2023/06/27
Masters ACR	1:00.56	SCAA W50 4X100M (A)	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	1:00.56	SCAA W50 4X100M (A)	The 6th Hong Kong Masters	TKO SG	2021/09/11



2023/10/29



Start: 16:05



26°C



72%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-4	南華 W50 4X100米 梁婉慧, 詹愷怡, 鄭美儀, 鍾敏儀		SCAA	1:10.70	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 5000M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD 16:51.17	GITTE KARLSHØJ			ARHUS, DEN	2009/06/23
HONG KONG RECORD 15:45.87	CHAN MAN YEE MAGGIE 陳敏儀				2002/05/03
Masters ACR 22:00.76	WONG CHI SHAN 黃芷珊				2022/12/04
HKMAC RECORD 22:00.76	WONG CHI SHAN 黃芷珊				2022/12/04

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-17	WONG YUET CHI	黃月枝	50739 PoliceAC	21:51.57	HKMACR, R <i>Split: 03:55.34 (3:55.34) 08:15.69 (4:20.36) 12:43.14 (4:27.44) 17:17.95 (4:34.82) 21'51.569 (4:33.04)</i>
2	1-19	CHEUNG WING MEI	張穎薇	50735 LSCAC	23:55.85	<i>Split: 04:35.76 (4:35.76) 09:29.30 (4:53.55) 14:25.47 (4:56.16) 19:15.29 (4:49.82) 23'55.849 (4:39.71)</i>
3	1-16	LAI SUK MAN	黎淑雯	50732 GHSAC	26:08.32	<i>Split: 05:07.09 (5:07.09) 10:26.67 (5:19.58) 15:50.43 (5:23.76) 21:08.64 (5:18.21) 26'8.319 (4:59.36)</i>
4	1-18	CHEUNG MAN ALICE	張敏	50727 DBSAC	31:13.22	<i>Split: 05:16.58 (5:16.58) 11:32.11 (6:15.53) 18:13.66 (6:41.55) 24:51.24 (6:37.59) 31'13.220 (6:21.75)</i>
	1-15		馮靜恩	50740 SCAA	DNS	<i>Split:</i>

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 5000mW

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-13	WONG SIU KING ALISON	黃瀟琮	50728 DBSAC	34:40.15	
		<i>Split: 06:27.06 (6:27.06) 13:31.58 (7:04.53) 20:34.72 (7:03.13) 27:41.39 (7:06.67) 34'40.149 (6:58.61)</i>				
2	1-15	CHAU SUK KWUN JULIE	周淑筠	50726 DBSAC	43:09.71	
		<i>Split: 07:58.51 (7:58.51) 16:55.64 (8:57.14) 25:48.33 (8:52.68) 34:34.54 (8:46.22) 43'9.709 (8:34.45)</i>				
	1-14	CHEN PEI LING	陳培玲	50738 PKMSAA	DNS	
		<i>Split:</i>				

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 800M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	2:12.50	EVA TROST		NEUSTADT, GER	2018/08/03
HONG KONG RECORD	2:11.92	LI YIN YEE 李燕儀			1996/11/03
Masters ACR	2:54.62	LAI INGRID	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	2:54.62	LAI INGRID	The 6th Hong Kong Masters	TKO SG	2021/09/11



2023/10/28



Start: 14:50



26°C



84%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-3	CHOI CASSARINE		50736 LSCAC	3:38.23	
	1-8	WONG YUET CHI	黃月枝	50739 PoliceAC	DNS	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 80MH



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	12.08	CHRISTINE MÜLLER		VATERSTETTEN,	2009/07/10
Masters ACR	14.56	CHAN SHUI LIN DEBBY 陳水蓮	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	14.56	CHAN SHUI LIN DEBBY 陳水蓮	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 09:10



27°C



66%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-4	CHUNG MAN YI	鍾敏儀	50745 SCAA	14.39	+1.6	HKMACR, R
2	1-5		張克服	50741 SCAA	18.62	+1.6	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	15.15	ALEXANDRA MARGHIEVA		LAHTI, FIN	2009/08/04
Masters ACR	9.75	CHEUNG May Hung Monita	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	9.75	CHEUNG May Hung Monita	Hong Kong Masters Athletics	TKO SG	2017/11/11



2023/10/29



Start: 14:30



28°C



58%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-7	HUI VICKY 許穎琪	50730 GHSAC	8.39m.		7.46	8.39	8.20	8.25
2	1-6	CHAN LING KUEN 陳玲娟	50743 SCAA	7.52m.		7.38	7.49	x	7.52
3	1-5	HO KA LAI 何嘉麗	50746 SCAA	7.32m.		6.37	7.08	7.32	6.72
4	1-2	郭翠儀	50742 SCAA	7.30m.		6.97	6.98	7.30	6.75
5	1-1	WONG SIU KING ALISON 黃瀟琮	50728 DBSAC	7.29m.		7.11	7.29	x	7.18
6	1-8	LAM VIVIAN 林穎賢	50733 GHSAC	6.89m.		6.51	6.36	6.46	6.89
7	1-3	CHAN SHUK MAN 陳淑敏	50729 GHSAC	5.80m.		5.68	5.71	5.71	5.80
8	1-4	CHAN MING TAK HELENA 陳明德	50725 DBSAC	3.96m.		3.54	3.96	3.60	3.82

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - Long Jump

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	5.48	Maria Costanza Moroni		9b316ecc-8343-	2021/09/04
HONG KONG RECORD	6.50	YUE YA XIN 俞雅欣	The 19th Asia Games	9d3c-	2023/10/02
Masters ACR	3.93	Chang Corina 張彩珍	Hong Kong Masters Athletics	Hangzhou	2018/10/27
HKMAC RECORD	3.93	Chang Corina 張彩珍	Hong Kong Masters Athletics	Sports Centre	2018/10/27

TKO SG
2023/10/29 Start: 09:40 27°C 66%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-2	CHOI HIU NAM 蔡曉嵐	50737 LSCAC	3.61m.		3.61 +1.4	3.13 +1.3	r	
2	1-1	張克服	50741 SCAA	3.34m.		3.21 +1.4	3.29 0.0	3.04 -0.6	3.34 +0.9
	1-3	官玉秀	50819 TWN	DNS					

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Hong Kong Masters Athletics Club
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Women's W50 - Javelin Throw

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	47.53	FELICEA TILEA URECHE		MADRID, ESP	2018/03/24
Masters ACR	25.38	Ip Kit Ching Heidi 葉潔清	Hong Kong Masters Athletics	TKO SG	2018/10/27
HKMAC RECORD	25.38	Ip Kit Ching Heidi 葉潔清	Hong Kong Masters Athletics	TKO SG	2018/10/27



28 2023/10/28



Start: 08:30



25°C



93%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-4	WONG SIU KING ALISON 黃瀟琮	50728 DBSAC	23.45m.		21.39	23.45	x	19.67
2	1-8	HUI VICKY 許穎琪	50730 GHSAC	23.19m.		23.19	22.52	22.07	22.67
3	1-7	LAM VIVIAN 林穎賢	50733 GHSAC	15.65m.		x	15.65	12.66	x
4	1-6	HO KA LAI 何嘉麗	50746 SCAA	14.45m.		13.94	10.86	14.23	14.45
5	1-2	CHAN LING KUEN 陳玲娟	50743 SCAA	12.98m.		8.94	12.98	12.00	11.27
6	1-3	HUI BONNIE 許穎汶	50731 GHSAC	10.87m.		9.22	10.49	10.87	10.27
7	1-1	CHAN SHUK MAN 陳淑敏	50729 GHSAC	9.69m.		9.52	9.69	x	x
8	1-5	CHAN MING TAK HELENA 陳明德	50725 DBSAC	8.26m.		7.25	8.26	6.84	7.61

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - Discus Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	46.11	OLGA CHERNIAVSKAIA		LYON, FRA	2015/08/11
HONG KONG RECORD	44.20	TO YUEN KWAN 杜婉筠			2022/05/28
Masters ACR	25.17	CHAN LING KUEN 陳玲娟	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	25.17	CHAN LING KUEN 陳玲娟	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 15:00



27°C



69%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-6	CHAN LING KUEN 陳玲娟	50743 SCAA	25.41m.	HKMACR, R	24.60	23.69	21.92	25.41
2	1-5	HUI VICKY 許穎琪	50730 GHSAC	19.15m.		x	18.85	x	19.15
3	1-2	WONG SIU KING ALISON 黃瀟琮	50728 DBSAC	18.81m.		x	14.38	18.75	18.81
4	1-4	HO KA LAI 何嘉麗	50746 SCAA	17.71m.		17.62	17.71	x	17.04
5	1-3	LAM VIVIAN 林穎賢	50733 GHSAC	17.55m.		13.96	15.60	17.55	x
6	1-1	郭翠儀	50742 SCAA	16.71m.		16.71	15.04	16.67	15.81

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合作媒體:

